

SYBCOM SEM-3_CC_PDLS_EM QUESTION BANK

Sr No	Question	Option 1	Option 2	Option 3	Option 4	Answer
1	What is personality?	The color of your hair	The way you dress	A unique combination of thoughts, feelings, and behaviours	Your favorite food	3
2	What does "confidence" mean?	Being afraid to try new things	Believing in yourself and your abilities	Always doubting yourself	Ignoring others' opinions	2
3	Why is it important to have good manners?	To play tricks on others	To be polite and respectful	To be the loudest in the room	To ignore your friends	2
4	What is "empathy"?	Only thinking about yourself	Understanding and caring about how others feel	Ignoring others' feelings	Making fun of others	2
5	How can you show kindness towards others?	Being mean to others	Treating others with care and consideration	Ignoring others' feelings	Always complaining	2
6	Why is it important to share?	Because you have to	To make friends and help others	To keep everything for yourself	To show off to others	2
7	What does "responsibility" mean?	Blaming others for your mistakes	Taking care of your tasks and belongings	Ignoring your chores	Only doing fun things	2
8	How can you develop good communication skills?	Ignoring others and not listening	Speaking clearly, listening, and sharing your thoughts	Talking loudly all the time	Always interrupting others	2
9	What does it mean to be "respectful"?	Talking loudly and interrupting others	Treating others how you want to be treated	Ignoring others' feelings	Always being bossy	2
10	Why is it important to set goals?	To challenge yourself and achieve things	To waste time	To show off to your friends	To avoid doing anything	1

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11	What is "adaptability"?	Always doing things the same way	Being flexible and able to change when needed	Ignoring new ideas	Never trying new things	2
12	How can you manage your emotions?	By always getting angry	By understanding and controlling your feelings	By ignoring your feelings	By making others feel bad	2
13	Why is it important to be a good listener?	To ignore others	To show respect and understand others better	To talk loudly all the time	To interrupt others	2
14	What is the meaning of "self-awareness"?	Ignoring yourself	Knowing and understanding your own thoughts, feelings, and actions	Pretending to be someone else	Always copying others	2
15	How can you practice good decision-making?	By making random choices	By considering options and their consequences before making choices	By ignoring options	By making choices quickly	2
16	What does "teamwork"+B9 mean?	Doing everything by yourself	Working together with others to achieve a goal	Always being in charge	Ignoring others' ideas	2
17	Why is it important to stay positive?	To complain all the time	To see the good in situations and stay cheerful	To always be serious	To never smile	2
18	What is "stress management"?	Ignoring stress and hoping it goes away	Finding healthy ways to cope with stress and stay calm	Always stressing out	Causing stress for others	2

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19	How can you show gratitude?	Complaining about everything	Saying "thank you" and appreciating what you have	Ignoring others' efforts	Always asking for more	2
20	Why is it important to be honest?	Telling lots of jokes	Telling the truth and being trustworthy	Keeping secrets all the time	Making up stories	2
21	What is "perseverance"?	Giving up easily	Trying your best and not giving up, even when it's hard	Ignoring challenges	Always doing the easy things	2
22	How can you practice good hygiene?	By never taking care of yourself	By taking care of your body, staying clean, and being healthy	By ignoring your health	By always eating junk food	2
23	What is "emotional intelligence"?	Ignoring your emotions	Understanding and managing your own feelings and the feelings of others	Always being happy	Never showing any emotions	2
24	Why is it important to be environmentally conscious?	To always waste resources	To take care of the environment and reduce your ecological footprint	To ignore the planet's health	To never recycle	2
25	What is "digital etiquette"?	Being rude online	Using technology and the internet in a respectful and responsible way	Ignoring technology	Always sharing personal information online	2

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26	A person who is highly agreeable is likely to:	Be argumentative and confrontational	Be compassionate and cooperative	Be impulsive and reckless	Be highly independent and self-reliant	2
27	A person who is highly introverted is likely to:	Seek out social interactions frequently	Enjoy spending time alone or with a small group of close friends	Be the life of the party	Be impulsive and spontaneous	2
28	What are values?	Specific goals individuals aim to achieve.	Deeply held beliefs about what is important or desirable.	Temporary preferences that change frequently.	Cultural norms enforced by society.	2
29	Which term is often used to describe the core values and principles that guide a person's behavior?	Ethics	Morality	Virtue	Habit	1
30	Ideals are:	Fixed and unchanging beliefs.	Practical guidelines for everyday life.	Aspirational goals that represent the best in human nature.	Opinions that vary from person to person.	3
31	What is communication?	Playing a game	Sharing information and ideas with others	Ignoring everyone	Talking only to yourself	2
32	Why is it important to listen when others talk?	To interrupt and talk over them	To understand what they're saying and show respect	To ignore their words	To always have the last word	2

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33	What is body language?	Speaking loudly	The way you use your hands and facial expressions to communicate	Ignoring others	Doing exercises	2
34	How can you show good eye contact when speaking?	By looking away and avoiding others' eyes	By staring at the ground	By looking at the person you're talking to	By closing your eyes	3
35	Why is it important to speak clearly?	To confuse others	To sound funny	To make it difficult for others to understand	To be understood easily	4
36	What is active listening?	Ignoring others when they talk	Paying attention and really hearing what others are saying	Always talking and never listening	Pretending to listen	2
37	How can you use polite words when communicating?	By using rude words	By saying "please," "thank you," and "excuse me"	By ignoring others' feelings	By shouting	2
38	What is "nonverbal communication"?	Using only words to communicate	Using gestures, expressions, and body language to convey messages	Ignoring everyone	Writing notes to talk	2
39	Why is it important to take turns when talking in a group?	To always talk over others	To dominate the conversation	To show that your ideas are the best	To give everyone a chance to speak	4
40	How can you express your feelings in a healthy way?	By yelling and getting angry	By talking quietly and calmly about your emotions	By ignoring your feelings	By hiding your feelings	2

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41	What is a "conversation"?	Ignoring others and not talking	A two-way exchange of ideas and information between people	Talking only about yourself	Shouting at others	2
42	Why is it important to use appropriate language when communicating?	To confuse others	To sound smart	To offend and hurt others' feelings	To show respect and avoid hurting others	4
43	How can you show empathy in a conversation?	By ignoring others' feelings	By understanding and caring about how others feel	By making fun of others	By changing the topic quickly	2
44	What is "asking questions" in a conversation?	Ignoring others' questions	Sharing your opinions only	Responding to questions from others	Showing curiosity and wanting to learn more	4
45	Why is it important to be a good listener?	To always talk about yourself	To show respect and understand others better	To ignore others' stories	To interrupt others	2
46	How can you show appreciation during a conversation?	By criticizing others	By saying "thank you" and showing gratitude	By ignoring others' efforts	By never listening	2
47	What is the meaning of "effective communication"?	Talking loudly	Sharing only your ideas	Conveying messages clearly and being understood	Ignoring others	3
48	How can you use your words to resolve conflicts peacefully?	By shouting and being aggressive	By listening and finding solutions together	By ignoring the problem	By blaming others	2
49	Why is it important to be patient in a conversation?	To always interrupt and talk over others	To rush through the conversation	To show that you're in a hurry	To give others time to express themselves	4

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50	What is "expressing your opinions" in a conversation?	Ignoring others' opinions	Sharing your thoughts and ideas respectfully	Talking loudly and never listening	Always agreeing with others	2
51	How can you use technology for communication?	By avoiding technology altogether	By using devices to send messages, emails, or make calls	By ignoring others' messages	By always talking in person	2
52	Why is it important to choose the right time and place for a conversation?	To always talk loudly	To talk at any time and any place	To show that you're in a hurry	To create a comfortable and appropriate setting	4
53	How can you improve your communication skills?	By never practicing	By practicing talking only to yourself	By reading books and practicing conversations with others	By ignoring others	3
54	Why is it important to be a good communicator?	To confuse others	To express yourself clearly and connect with others	To always talk loudly	To always interrupt others	2
55	How can you show that you're listening when others talk?	By interrupting and talking over them	By looking at your phone	By making eye contact, nodding, and facing the speaker	By pretending to fall asleep	3
56	Which of the following is an example of a non-verbal response during a conversation?	Asking a clarifying question.	Nodding in agreement.	Providing a detailed explanation.	Changing the topic abruptly.	2

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57	When someone shares a problem with you, what is an empathetic response?	Offering advice immediately.	Expressing understanding and concern for their feelings.	Dismissing their problem as unimportant.	Changing the topic to something happier.	2
58	In a conflict resolution situation, which response is likely to be most helpful?	Avoiding the issue to prevent further conflict.	Blaming the other party for the conflict.	Actively listening and seeking a compromise.	Insisting that your perspective is the only valid one.	3
59	When responding to constructive feedback, what is a productive approach?	Becoming defensive and denying any criticism.	Acknowledging the feedback and working on areas for improvement.	Ignoring the feedback entirely.	Blaming others for any shortcomings.	2
60	What is a "closed-ended question" in the context of responding?	A question that requires a detailed, open-ended response.	A question that can be answered with a simple "yes" or "no."	A question that encourages a lengthy discussion.	A question that is irrelevant to the conversation.	2
61	What is body language?	Talking loudly	The way you use your body to communicate without words	Ignoring everyone	Making funny faces	2
62	What does it mean when someone crosses their arms?	They're cold	They're happy	They're excited	They might be feeling defensive or closed off	4
63	What does it mean when someone nods their head?	They're shaking their head	They're confused	They're agreeing or understanding	They're disagreeing	3
64	How can you show that you're listening using body language?	By fidgeting and looking around	By standing far away from the speaker	By looking at your phone	By making eye contact and facing the speaker	4

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65	What does it mean when someone smiles?	They're angry	They're sad	They're happy or friendly	They're bored	3
66	What does it mean when someone stands with their hands on their hips?	They're tired	They're dancing	They're excited	They might be feeling confident or in charge	4
67	How can you show that you're interested in a conversation using body language?	By yawning and looking away	By standing with your arms crossed	By tapping your foot impatiently	By nodding, making eye contact, and facing the speaker	4
68	What does it mean when someone looks down and avoids eye contact?	They're trying to hide	They're daydreaming	They're listening carefully	They might be feeling shy or nervous	4
69	How can you show that you're excited using body language?	By stooping and looking bored	By crossing your arms	By jumping up and down	By smiling, clapping your hands, or bouncing on your toes	4
70	What does it mean when someone taps their fingers impatiently?	They're counting	They're playing a game	They're relaxed	They might be feeling impatient or annoyed	4
71	How can you show that you're friendly using body language?	By scowling and looking serious	By standing with your arms crossed	By avoiding eye contact	By smiling, making eye contact, and offering a handshake	4

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72	What does it mean when someone leans forward in a conversation?	They're falling asleep	They're not interested	They're paying attention and engaged	They're ignoring the speaker	3
73	How can you show that you're sad using body language?	By dancing and laughing	By jumping up and down	By slouching and looking down	By giving high-fives	3
74	What does it mean when someone raises their eyebrows?	They're surprised or curious	They're sleepy	They're angry	They're not paying attention	1
75	How can you show that you're nervous using body language?	By standing tall and smiling	By avoiding eye contact and fidgeting	By speaking loudly	By jumping up and down	2
76	What does it mean when someone shrugs their shoulders?	They're dancing	They're not sure or don't know	They're angry	They're excited	2
77	How can you show that you're confident using body language?	By avoiding eye contact and slouching	By crossing your arms and looking away	By standing tall, making eye contact, and smiling	By mumbling and looking down	3
78	What does it mean when someone stands with their arms outstretched?	They're trying to fly	They're bored	They're cold	They might be feeling open and welcoming	4
79	How can you show that you're curious using body language?	By avoiding questions	By yawning and looking away	By asking lots of questions and leaning forward	By closing your eyes	3
80	What does it mean when someone taps their foot quickly?	They're dancing	They're relaxed	They're impatient or anxious	They're not paying attention	3

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81	How can you show that you're paying attention using body language?	By looking around and yawning	By sitting back and closing your eyes	By nodding, making eye contact, and facing the speaker	By talking loudly over others	3
82	What does it mean when someone stands with their hands on their hips and their head held high?	They're sleepy	They're feeling shy	They're confident and assertive	They're scared	3
83	How can you show that you're surprised using body language?	By yawning and looking bored	By clapping your hands and laughing	By raising your eyebrows and opening your eyes wide	By turning your back to the speaker	3
84	What does it mean when someone taps their chin while thinking?	They're trying to catch a bug	They're playing a game	They're bored	They're deep in thought or considering something	4
85	How can you show that you're friendly and approachable using body language?	By scowling and crossing your arms	By looking down and avoiding eye contact	By smiling, making eye contact, and having an open posture	By looking away and ignoring others	3
86	Which of the following is NOT a component of vocal communication?	Pitch	Volume	Grammar	Tone	3
87	When speaking to someone in close proximity, which vocal characteristic is typically used?	Low volume	High pitch	Soft tone	Normal speaking volume	4

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88	In a crowded and noisy room, which of the following vocal strategies is most effective for conveying a message to a specific individual?	Speaking loudly	Whispering	Using a lower pitch	Shouting	1
89	Which vocal characteristic refers to the rate at which words are spoken?	Pitch	Volume	Tempo	Resonance	3
90	In a public speaking context, what is the term for adjusting one's voice to be easily heard throughout a large room or auditorium?	Projection	Mumbling	Whispering	Monotone	1
91	What are life skills?	Skills for playing video games	Skills for everyday tasks and challenges	Skills for talking to pets	Skills for eating ice cream	2
92	Why is it important to be responsible?	To always blame others	To take care of your tasks and belongings	To avoid helping others	To always have fun	2
93	What does "time management" mean?	Always wasting time	Using your time wisely and planning tasks	Ignoring the clock	Never doing anything on time	2

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94	How can you practice good hygiene?	By never taking a bath	By taking care of your body, brushing your teeth, and washing your hands	By eating lots of junk food	By staying dirty all the time	2
95	Why is it important to be kind to others?	To make fun of them	To treat others with care and consideration	To always be mean	To avoid talking to others	2
96	What is "problem-solving"?	Ignoring problems and hoping they go away	Finding solutions to challenges and making decisions	Creating more problems	Blaming others for everything	2
97	How can you show good manners?	By talking loudly and interrupting	By saying "please," "thank you," and being polite	By ignoring others	By never talking to anyone	2
98	Why is it important to be honest?	To always tell made-up stories	To tell the truth and be trustworthy	To trick others	To always keep secrets	2
99	What is "teamwork"?	Doing everything alone	Working together with others to achieve a goal	Ignoring others' ideas	Always being bossy	2
100	How can you show respect towards others?	By making fun of them	By treating them with consideration and valuing their feelings	By ignoring their opinions	By always interrupting them	2
101	Why is it important to set goals?	To never achieve anything	To challenge yourself and achieve things	To always give up	To avoid trying new things	2

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102	What does "communication" mean?	Ignoring others	Sharing information and ideas with others	Talking only to yourself	Writing in secret code	2
103	How can you practice good manners at the table?	By eating with your mouth open and talking with your mouth full	By chewing with your mouth closed and using utensils	By ignoring your food	By playing games with your food	2
104	Why is it important to be environmentally friendly?	To always waste resources	To take care of the planet and reduce waste	To never recycle	To use as much plastic as possible	2
105	What is "self-control"?	Always doing whatever you want	Having control over your actions and emotions	Ignoring others	Never following rules	2
106	How can you show gratitude?	By complaining all the time	By saying "thank you" and appreciating what you have	By ignoring others' efforts	By always asking for more	2
107	Why is it important to be a good listener?	To talk loudly and interrupt others	To show respect and understand what others are saying	To always be quiet	To never pay attention	2
108	What does "empathy" mean?	Only thinking about yourself	Understanding and caring about how others feel	Ignoring others' feelings	Always making fun of others	2
109	How can you practice good online behavior?	By being mean and spreading negativity online	By being respectful and kind when using the internet	By ignoring online dangers	By always sharing personal information	2

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110	Why is it important to be a good friend?	To always be mean to others	To treat others with kindness and loyalty	To never talk to others	To avoid helping your friends	2
111	What is "self-care"?	Ignoring your needs	Taking care of your physical, mental, and emotional well-being	Always putting others first	Never taking a break	2
112	How can you practice good study habits?	By never studying	By setting a routine, staying organized, and focusing on learning	By ignoring your studies	By copying others' work	2
113	Why is it important to be a responsible digital citizen?	To always be careless online	To use technology and the internet responsibly and safely	To ignore technology	To always share personal information online	2
114	What is "emotional intelligence"?	Ignoring your emotions	Understanding and managing your own feelings and the feelings of others	Always being happy	Never showing any emotions	2
115	How can you practice good communication skills?	By ignoring others and not listening	By speaking clearly, listening, and sharing your thoughts	By talking loudly all the time	By always interrupting others	2
116	What is a soft skill?	A skill related to a specific technical or job-related task.	A skill that is easy to acquire and master.	A personal attribute that enhances one's interactions and job performance.	A skill that is only relevant in creative professions.	3

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117	Which of these is NOT considered a soft skill?	Time management	Programming proficiency	Communication	Problem-solving	2
118	Which skill involves the ability to efficiently use software and tools specific to a particular job or industry?	Technical proficiency	Leadership	Adaptability	Conflict resolution	1
119	Which skill is essential for resolving conflicts and reaching mutually beneficial agreements?	Time management	Problem-solving	Negotiation	Data analysis	3
120	Which skill involves the capacity to adapt to new situations and learn from experiences?	Critical thinking	Creativity	Resilience	Decision-making	3
121	What does good body language show?	Confidence	Anger	Laziness	Confusion	1
122	What does a firm handshake indicate?	Nervousness	Disrespect	Confidence	Anger	3
123	What does leaning forward during conversation show?	Interest	Tiredness	Disrespect	Nervousness	1
124	What does scratching the head while talking indicate?	Interest	Doubt	Clarity	Agreement	2
125	Constantly looking at the clock suggests:	Engagement	Interest	Boredom	Respect	3
126	Pointing fingers at someone usually shows:	Respect	Confidence	Accusation	Joy	3

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127	Which of these is a life skill?	Memorizing poems	Managing emotions	Playing chess	Watching TV	2
128	Time management is a part of:	Entertainment	Life skills	Mathematics	Art	2
129	Which skill helps in resolving problems peacefully?	Fighting skill	Conflict resolution	Ignoring others	Arguing loudly	2
130	Which life skill helps in expressing feelings clearly?	Drawing	Shopping	Sleeping	Communication	4
131	Which life skill helps in understanding others?	Empathy	Jealousy	Anger	Avoidance	1
132	A person who sets clear goals shows:	Confusion	Purposefulness	Laziness	Doubt	2
133	Which life skill improves thinking ability?	Critical thinking	Memorization	Singing	Sleeping	1
134	Which of these is not a life skill?	Empathy	Anger management	Ignorance	Problem solving	3
135	Life skills help in building:	Misunderstanding	Laziness	Overconfidence	Strong personality	4
136	Which skill helps you stay calm in stressful situations?	Panic	Emotional regulation	Avoiding work	Arguing	2
137	Being able to listen carefully shows:	Confusion	Anger	Indifference	Patience	4
138	Which is a key part of decision-making?	Acting fast	Copying others	Thinking of consequences	Waiting for others	3
139	Which personality trait is useful for leadership?	Introversion	Sulkiness	Extroversion	Neuroticism	3

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140	A highly agreeable person is likely to avoid:	Teamwork	Conflicts	Empathy	Helping others	2
141	An introvert usually prefers:	Big parties	Being alone or with few people	Public speaking	Attention from everyone	2
142	What is the importance of listening skills?	It helps you sleep more.	It makes you rich.	It helps you improve your understanding.	It lets you ignore problems.	3
143	What is the importance of empathy?	It lets you ignore problems.	It makes you rich.	It helps you improve your relationships.	It helps you sleep more.	3
144	What is the ideal posture during public speaking?	Slouched shoulders	Standing straight	Looking down	Hands in pockets	2
145	What is the impact of fidgeting in an interview?	Shows confidence	Builds rapport	Impresses the panel	Shows nervousness	4